



FAMILY COMMITMENT: DELAYING THE FIRST SMARTPHONE DELIVERY

Several families from Ikastola Abendano want to delay the moment of giving their child their first smartphone with internet access. Specialized personnel in the field assure that the minimum recommended age to manage a mobile phone is 16 years. We are not against technology or smart devices, but we want to buy time: to give children's brains the opportunity to develop. At the same time, families will need to learn how to help our children navigate new technologies. SmartFUN.

We want to decide, without pressure from friends or social circles, what the most appropriate moment is to give the device and how we want to do it. Therefore, we propose that families of 3rd, 4th, 5th, and 6th grade sign a commitment among families.

Signing the commitment is voluntary; it is a declaration of intentions, and no one will hold us accountable. You have 2 options to sign it (fill out a survey for each child):

- Online through the QR link
- Fill out the bottom part of this document and return it to the tutor before May 12.



At the beginning and end of each school year, in October and June, we will remind you of the possibility to join the commitment. However, the link will be open throughout the school year.

Afterward, we will share statistics. Perhaps this will help you face social pressure when your children come home complaining about "when will I get my phone" or "all the other kids have one."

On the other hand, each year we will create a network of families that support the commitment. Those of us who decide to be part of this network will meet twice a year. Objective: To create a team, join efforts, and analyze the problems and responsibilities encountered along the way. This way, we will remember that we are not alone.

FAMILY COMMITMENT

Student's gender: Girl Boy Other

Grade: 3 4 5 6

Letter: A B D E

We commit to delaying the delivery of the mobile phone as much as possible:

Yes, until 14 years or older

Yes, until 16 years or older

No, we do not want to commit

If you do not want to commit to delaying the delivery of the mobile phone, what is the main reason?
